

## ***Joining Forces Discussion Guide***

The following guide provides suggested questions for a small group discussion within a clinical setting.

Each program is approximately 30 minutes in length. We encourage you to watch the programs together and take an additional 5-10 minutes at the conclusion to consider the following questions.

### ***Home Again***

What most impresses you about the reintegration experience?

What ideas do you have about more effectively supporting our returning military and their families during the deployment and reintegration phases of their service overseas?

### ***On the Mend***

What percent of your patients have former military experience?

What might our organization do to more effectively identify those patients with past military experience overseas?

How easy is it for you to discuss your patient's military service with them?

What opportunities do we have to ask and then take time to listen?

### ***Mild TBI***

What experience have you had identifying mild TBI in the patients we serve?

After viewing the tape, do you think we have missed identifying anyone suffering from a mild TBI?

### ***PTSD***

What differentiates PTSD from the normal struggles of readjustment?

How might we improve our effectiveness in recognizing and responding to PTSD?

### ***Taking Action***

What are our opportunities as a civilian health care organization to improve the health of our returning military and their families?

What process/system changes would help us more consistently identify our patients who have served overseas in the military? What barriers stand in our way of accomplishing this and how might we address those?

Who are our strategic partners in this work? How might we be more effective in working collaboratively with them?

*Do you ask, "Have you served in the military overseas?"*